

PASADENA SKI AND NATURE PARK

Pasadena Ski and Nature Park (PSNP) is a place for people to enjoy the outdoors all year round. Located in Pasadena in western Newfoundland, the Park can be accessed by taking exit 12 or 13 off the Trans Canada Highway (between Corner Brook and Deer Lake), then following the PSNP signs.



Canadian Anemone

The ski park is situated in the Western Newfoundland Forest ecoregion, Corner Brook subregion. Because the Park is part of the boreal forest, visitors will see balsam fir intermixed with white spruce, white birch, and red maple. Large specimens of white pine and yellow birch will also be seen along the trails, and in wetter areas, black spruce and larch are the dominant species. There are also many species of flora and fauna; of special note the Canadian Anemone, previously found only in Gros Morne National Park. Wildlife that can be seen throughout the PSNP includes caribou, moose, threatened pine marten, snowshoe hare, lynx, and great horned owls.

The rolling terrain of the park provide excellent conditions for cross-country skiing and snowshoeing. The beautiful scenery of North Harbour Valley, Long Range Mountains, as well as Deer Lake and the surrounding area, can all be viewed from the trails. The 24 km of trails are groomed, and 1.5 km of these are lit for night skiing. During other seasons, visitors can enjoy mountain biking, orienteering, hiking, and nature appreciation. A *Nature Guide for Pasadena Nordic Ski Club Trails* offers sketches and descriptions of plants and animals found in the park.



Pasadena Ski and Nature Park was established by a small group of ski enthusiasts in 1977, who established the first formal trail system in the current location in 1983. These trails had originated from old woods roads built by local contractors to gain access to timber. Over the years more trails were built, and in 1993, an old woods camp donated by Corner Brook Pulp and Paper Ltd. was set up as a ski chalet. With funding from ACOA, a new state-of-the-art chalet and additional trails were opened in 2006, in time for the Newfoundland Winter Games. The most recent trail opened in 2007. Corner Brook Pulp and Paper Ltd. have allowed all of the trails in Pasadena Ski and Nature Park to be developed on its licensed timber holdings.

Specific information about trail location, length, and difficulty, and organized activities can be accessed through the Pasadena Ski and Nature Park website: www.pasadenaskipark.org